



Salad Greens in a Raspberry Jam Vinaigrette

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This is a simple salad base and dressing that you can add vegetables or fruits to accommodate any taste! Adjust the dressing to suit your seniors, and yourself!

Ingredients

- **5 ounces mixed baby lettuce greens mix or (1) 5 oz bag organic mixed baby salad greens, washed and spun dry**

Salad Dressing

- **2 Tablespoons Raspberry Jam (Low Sugar)**
- **1 Tablespoon Balsamic Vinegar**
- **1 Tablespoon Dijon Mustard**
- **1/2 teaspoon kosher salt**
- **1/4 teaspoon black pepper, ground**
- **2 Tablespoons water**

Directions

1. Combine jam, balsamic vinegar and Dijon mustard in a bowl and mix together with a whisk until ingredients don't separate and it becomes very thick. Add salt, pepper and water and whisk again until you have a smooth creamy salad dressing and set aside.
2. In a large salad or mixing bowl place salad greens and dress with salad dressing. Place equal portions of the greens on each plate and serve immediately.

Serves 6.